WE CLAIM:

- A method of inhibiting atrophy in skeletal muscle cells comprising treating the cells with an inhibitor of the Ras/Raf/Mek/Erk pathway.
- 2. The method of Claim 1 wherein the inhibitor inhibits Ras.
- 3. The method of Claim 1 wherein the inhibitor inhibits Raf.
- 4. The method of Claim 1 wherein the inhibitor inhibits Mek.
- 5. The method of Claim 1 wherein the inhibitor inhibits Erk.
- 6. The method of Claim 1 wherein the inhibitor is PD98059 or farnesyl transferase.
- 7. A method of identifying an agent that inhibits atrophy in skeletal muscle cells comprising:
- (a) preparing muscle cells that express constitutively active mutant forms Ras/Raf/Mek/Erk;
 - (b) subjecting the cells to a test agent;
- (c) measuring the amount of atrophy in the muscle cells subjected to a test agent;
- (d) comparing the amount of atrophy in the muscle cells subjected to a test agent with the amount of atrophy in untreated transgenic muscle cells of step (a), wherein a smaller amount of atrophy in the muscle cells subjected to a test agent indicates that the agent inhibits the Ras/Raf/Mek/Erk pathway and therefore inhibits atrophy in muscle cells.

- 8. The method of Claim 7 wherein the measuring utilizes muscle cell diameter, protein amount, p70S6 kinase activation or Phas-1 activation.
- 9. The method of Claim 7 wherein the measuring utilizes measuring inhibition of Ras/Raf/Mek/Erk.
- 10. The method of Claim 7 wherein the muscle cells are cultured cells.
- 11. The method of Claim 10 wherein the cultured cells are myoblasts.
- 12. The method of Claim 11 wherein the myoblasts are C2C12 cells.
- 13. The method of Claim 11 wherein the myoblasts are differentiated myoblasts.
- 14. The method of Claim 13 wherein the differentiated myoblasts are myotubes.
- 15. The method of Claim 7 wherein the muscle cells are obtained from a transgenic organism.
- 16. The method of Claim 7 wherein the muscle cells are within a transgenic organism.
- 17. The method of Claim 15 wherein the transgenic organism is a transgenic fly, worm, bird, chicken, turkey, mouse, rat, dog, cat, rabbit, sheep, pig, goat or horse.

- 18. The method of Claim 16 wherein the transgenic organism is a transgenic transgenic fly, worm, bird, chicken, turkey, mouse, rat, dog, cat, rabbit, sheep, pig, goat or horse.
- 19. A method of identifying an agent that inhibits atrophy in muscle cells comprising:
- a) measuring the activation of the Ras/Raf/Mek/Erk pathway in untreated muscle cells,
- b) subjecting the muscle cells that express the Ras/Raf/Mek/Erk pathway to a test agent,
- c) measuring the amount of Ras/Raf/Mek/Erk activity in the muscle cells subjected to a test agent;
- d) comparing the amount of Ras/Raf/Mek/Erk activity in the muscle cells subjected to a test agent with the amount in the untreated muscle cells, whereby a larger amount in the muscle cells treated with a test agent indicates that the agent inhibits the Ras/Raf/Mek/Erk pathway and therefore inhibits atrophy in muscle cells.
- 20. A method of identifying a gene encoding a gene product that inhibits skeletal muscle atrophy comprising:
- (a) preparing muscle cells that express constitutively active mutant forms Ras/Raf/Mek/Erk;
- (b) introducing into the cells of (a) a test gene under conditions in which the test gene encodes a product;
- (c) measuring the amount of atrophy in the test-gene encoding muscle cells; and
- (d) comparing the amount of atrophy in the test-gene encoding cells with the amount of atrophy in the muscle cells of step (a) in which the test gene has not been introduced, wherein a smaller

amount of atrophy in the test gene-encoding muscle cells indicates that the test gene product inhibits the Ras/Raf/Mek/Erk pathway and therefore inhibits atrophy in muscle cells.

- 21. The method of Claim 20 wherein the measuring utilizes muscle cell diameter, protein amount, p70S6 kinase activation or Phas-1 activation.
- 22. The method of Claim 20 wherein the muscle cells are cultured cells.
- 23. The method of Claim 22 wherein the cultured cells are myoblasts.
- 24. The method of Claim 23 wherein the myoblasts are differentiated myoblasts.
- 25. The method of Claim 20 wherein the muscle cells are obtained from a transgenic organism.
- 26. The method of Claim 20 wherein the muscle cells are within a transgenic organism.
- 27. The method of Claim 25 wherein the transgenic organism is a transgenic fly, worm, bird, chicken, turkey, mouse, rat, dog, cat, rabbit, sheep, pig, goat or horse.
- 28. The method of Claim 26 wherein the transgenic organism is a transgenic fly, worm, bird, chicken, turkey, mouse, rat, dog, cat, rabbit, sheep, pig, goat or horse.

- 29. A method of inhibiting atrophy in a vertebrate animal having an atrophy-inducing condition comprising treating the vertebrate animal with an effective amount of an inhibitor of Ras, Raf, Mek or Erk.
- 30. The method of Claim 29 wherein the vertebrate animal is a chicken, rodent, rabbit, dog, cat, cow, horse, pig, sheep, primate or human.
- 31. The method of Claim 29 wherein the vertebrate animal is treated prior to exposure to or onset of the atrophy-inducing condition.
- 32. The method of Claim 29 wherein the atrophy-inducing condition is immobilization.
- 33. The method of Claim 29 wherein the atrophy-inducing condition is denervation, starvation, nutritional deficiency, metabolic stress, diabetes, aging, muscular dystrophy or myopathy.
- 34. A method of causing muscle hypertrophy in skeletal muscle cells comprising treating the cells with an inhibitor of the Ras/Raf/Mek/Erk pathway.
- 35. The method of Claim 34 wherein the inhibitor inhibits Ras.
- 36. The method of Claim 34 wherein the inhibitor inhibits Raf.
- 37. The method of Claim 34 wherein the inhibitor inhibits Mek.

- 38. The method of Claim 34 wherein the inhibitor inhibits Erk.
- 39. The method of Claim 34 wherein the inhibitor is PD98059 or farnesyl transferase.
- 40. The method of Claim 34 wherein the muscle cells are within a vertebrate animal.
- 41. The method of Claim 40 wherein the vertebrate animal is a chicken, rodent, rabbit, dog, cat, cow, horse, pig, sheep, primate or human.